



Allegiance Recreation Therapy - June 2022



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
MAY 29		Memorial Day 30		MAY 31		JUNE 1		JUNE 2		JUNE 3		JUNE 4	
June Birthstone = Pearl & Alexandrite Flower = Rose Indianapolis 500 race!!		1000 Chair Exercise <i>Memorial Day! 1868, honors men & women who gave their life in service to our country!</i> 		0900 Morning Art! 1000 Chair Exercise 1330 Val/AL Social Distance Bingo (PR)		0900 Dominoes / Games! 1000 Chair Exercise 1400 Pick-up Popcorn @ the Theater!		<i>Please see Recreation to Thursday AFRH haircuts!</i> 0900 Puzzles 1000 Exercise Events subject to change!		0900 Chair Exercise 1000 Drum It Up! Drumming (PR) 1800 Movie Channel 4		0900 Chair Exercise 1100 Individual Visits – Chit Chat or Strolls (i) 1800 Movie Channel 4	
JUNE 5		“D-Day” 1944 6		BINGO 7		8		Barber closed 6/3-6/10 9		<i>See Rec for Bus Trip</i> 10		11	
0830 Individual Visits (i) 0900 Catholic Svc (CH) 1030 Protestant Svc (CH) AFRH Protestant Chapel Ch 4 0800 & Catholic Ch 91		Anniversary of D-Day, 1944 0900 Word Puzzles! 1000 Chair Exercise 1330 Ice Cream Delivery! 		0900 Morning Art! 1000 Chair Exercise 1330 Allegiance & Valor Social Distance Bingo! (PR) 		0800 Protestant Svc 0900 Dominoes / Games! 1000 Chair Exercise 1400 Popcorn @ Theater! 		0900 Jigsaw Puzzles! 0930 Chair Exercise (TV) 1000 Dulcimers & More Music Time (PR) 1300 Virtual Travels - Ch 4		0900 Chair Exercise 0900-1330 Allegiance Walmart & Mall Lunch Trip! 1800 Movie Channel 4 		0900 Chair Exercise 1000 Royal Pet Visit (i) 154th Belmont Stakes Horse Race! 	
12		13		Flag Day! 14		15		<i>See Rec for haircuts</i> 16		Red Friday! 17		18	
0830 Individual Visits (i) 0900 Catholic Service (CH) 1030 Protestant Service (CH) AFRH Protestant Chapel Ch 4 0800 & Catholic Ch 91		0900 Puzzles 1000 Exercise 1330 Summer Camp Challenge! Valor Piano Lounge 		0900 Summer Camp! 1000 Exercise Happy 246th Birthday Army! 1330 Val/AL Bingo! (PR) 		0900 Summer Camp! 1000 Chair Exercise 1200 Lunch on Patio! 1400 Popcorn @ Theater! 		0900 Summer Camp! 1000 Chair Exercise <i>In a world where you can be anything... Be kind!</i> Pm “Cooper” Pet Visits!		0900 Chair Exercise 1000 Summer Camp Award Ceremony! (PR) 1300 Virtual Travels-Ch 4 1800 Movie Channel 4		0900 Chair Exercise 1100 Individual Visits – Chit Chat or Strolls (i) 1300 Virtual Travels-Ch 4 1800 Movie Channel 4	
Juneteenth! 19		Juneteenth Holiday! 20		21		22		23		24		25	
0900 Catholic Service (CH) 1030 Protestant Service (CH) Father's Day Sunday Lunch! 1330 Sunday Chit Chat (PR) 		1000 Chair Exercise Juneteenth means freedom! 6/19/1865 Virtual Travels Daily @ 1300-Ch 4 		0900 Morning Art! 1000 Chair Exercise June Monthly B-Day LUNCH!! 1330 Val/AL Bingo! (PR) 		0900 Dominoes / Games! 1000 Chair Exercise 1400 Pick-up Popcorn @ the Theater! 		0900 Puzzles 1000 Exercise <i>See Recreation for haircuts</i> 1300 Virtual Travels - Ch 4 1330 “100” Ice Cream Social (CC) 		0900 Chair Exercise 1000 Piano Time with Beth! (PR) 1800 Movie Channel 4 		0900 Chair Exercise 1000 Royal Pet Visit (i) 1300 Virtual Travels-Ch 4 1800 Movie Channel 4 	
JUNE 26		JUNE 27		JUNE 28		JUNE 29		JUNE 30		Wear Red! 1		JULY 2	
0830 Individual Visits (i) 0900 Catholic Service (CH) 1030 Protestant Religious Services (CHAPEL)		0900 Word Puzzles! 1000 Chair Exercise 1330 Family Feud! Valor Piano Lounge(PR)		0900 Morning Art! 1000 Exercise 1330 Valor & AL Social Distanced Bingo! 		0900 Dominoes & Games! 1000 Chair Exercise 1400 Popcorn @ Theater! 		0900 Puzzles! 1000 Chair Exercise <i>See Recreation to schedule Salon Appointments</i>		0900 Model Trains! Train Room 1000 Chair Exercise 1300 Virtual Travels - Ch 4 		0900 Chair Exercise 1100 Individual Visits – Chit Chat or Strolls (i) 1800 Movie Channel 4	
<i>Please see Senior Television Channel 4 for Updates, Recreation Event Videos & Photo Slideshows!</i> 		Health & Nutrition Month 		<i>Please ask for leisure supplies – puzzles, books, art, movies, cards, etc.</i> 		LOCATION KEY AT = Activity Room CC = Community Ct. F = Front Entrance 		LOCATION PT = Patio PR- Valor Piano Lounge TH = Theater TV = TV Lounge 		<i>Skype visits available with your loved ones! See Jen or Susan</i> 		Wash Hands! Wear Masks! We Can Do It! 	